

Trotter Newsletter

10th September 2024

The Rec Trust Inter-Club Cricket and Rounders Challenge was another massive success. There seemed to be even more people there this year than last year. Sadly we didn't fare too well in either competition! The BBQ and live music went down a treat. The whole day had a lovely feel about it, and it's a great way for all the clubs, whose home is at the Rec, to get together and have some fun. Next year promises to be even bigger and better.

With the introduction of the reflective bib at training, and summer fast becoming a distant memory, our thoughts turn to the next big social occasion - the Trotters Annual Presentation and Awards Night. Tickets go on sale on October 1st.

Right that's me done, I've a plane to catch! Enjoy the read.

Subs are due on October 1st

It's almost time to renew your membership to what has to be the best running club out there!

If you can't wait till October 1st you can renew now!

Here's the link; https://www.sientries.co.uk/event.php?event_id=14030

Membership fees are;

£28 Individual

£48 Joint

£68 family of three

£80 Family of four



Our final Couch to 5K of the year starts next Monday.

Please help spread the word by sharing my post, you'll find it here; <https://www.facebook.com/TeignbridgeTrottersRaces>

Trot Challenge needs your entries!

Only six Trotters have so far entered the Trot Challenge Half Marathon. Jenny and Tim, the race organisers, have put this race on just for us, as we needed a replacement Club Championship race. It would be great if we could repay them by getting 20+ Trotters to take part. There's a discounted entry fee for Trotters, but you can only enter via this link; <https://www.evententry.co.uk/running-events-devon-the-trot-challenge>



Sunday 6th October

Our last race of the year. Let's finish our racing year in style. To do this we will need your help.

Please let Nigel Barnett (Chief Marshal) know if you're able to help. One last effort folks!



Duncan & Kim

New Race Director and Assistant for the Haytor Heller

I'm delighted to announce that Kim Knight is our new RD for the Heller. Her able assistant is her husband, Duncan.

I know they're going to do a great job.
Thanks guys

LADIES 10K

36 Trotters so far,
can we get to 50?

Eyvoll Aston
Lucy Ayling
Liz Barnett
Jayne Birbeck
Sarah Blanchard
Corinne Bright
Caroline Clark
Samantha Galvin
Ordel Gillson
Joanna Griffin
Deb Hart
Kate Heaton
Susanne Jervis
Laura Law
Katja Lolke
Claire Lyons
Freya Morrissey
Elizabeth Nuttall
Chloe Olford
Lucy Payne
Shannon Radford
Shelley Rattlidge
Jade Reid
Sharon Sharples
Melanie Sheehan
Kay Shillabeer
Nicky Swann
Tia Tarr
Sophie Thomson
Rhiannon Waugh-Baker
Julie Webb
Chloe Weeks
Thuza Whittemore
Kate Williamson
Michelle Wilson
Clare Youngman



A record 42 Trotters signed up for this seasons Super 6.

The top 5 will get the following prize money;

1st £370
2nd £195
3rd £100
4th £50
5th £25

There's also £10 up for grabs for whoever scores the most points each month. Congratulations to August's winner, Arthur Moulson.

Ladies 10K Reccie Runs ~ Wednesday 18th September

6:30pm start. C Group, 10-12 min/mile pace. Debbie Elphick leading

6:45pm start. B Group, 8.30-10 min/mile pace. Jacki Woon leading

7pm start. A Group, 7:45-8:30 min/mile pace. Ben Elphick leading

Head torches recommended for all the reccie runs. Please don't forget it starts at Ipplepen Cricket Club, TQ12 5TT. Plenty of free parking on site. Food afterwards in the Rec. Please let Jacki know in advance if you fancy some great value buffet style food.

Membership total: 338

So close to our all time record of 344. Below are four of our latest successful Couch to 5Kers who have all joined the Trotters.
L to R; Sarah Fawden, Julia Knott, Adrian Tarr, Sarah Jane Grylls.

On behalf of everyone at the Trotters, I'd like to wish Tim & Susanna a very happy wedding day. They tie the knot on Sat 21st September. Join them for a parkrun at Parke beforehand!

